

IT'S THE **BIG MOVE DAY !**

ORGANIZE YOUR MOVE

WITH THE PERFECT CHECKLIST

□ HOME MOVING CHECKLIST

Remember pack for your new home not your old one.

4 WEEKS BEFORE THE MOVE

- Have a moving company booked for your move as soon as you have finalized a moving date.
- Begin by making a list of supplies you will need, for example, boxes, bubble wrap, tape, a black or red marker to label, etc.
- Slowly start to sort through items and rooms such as clothes, shoes, bathroom, kitchen, etc. and ridging of things you don't need by donating or even hosting a garage sale.
- Don't forget to sort through items from your storage, attic, shed, basement and garage.
- Notify your bank, insurance companies, utilities, subscriptions, online services and all other organizations of your change of address.

1 WEEK BEFORE THE MOVE

- If you have decided to pack you own stuff, begin by packing all non- essential items and be sure to label all moving boxes with contents and room name. Don't over pack your boxes.
- Take down and begin to pack all your family pictures and other hanging items.
- Call your movers to confirm details for your move date.
- Schedule to have utility disconnects for home phones, water, gas and electric. Schedule to have new connection in your new home.
- Pack a small bag of necessities including snacks for your last day.

1 DAY BEFORE THE MOVE

- Leave an empty box for your blankets, linens, and pillows that you will use for your last night.
- Do one last sweep of all cupboards, cabinets, and bedrooms and make sure all items are removed.
- Make sure your electronics are all charged.
- Set your alarm to be up early before the movers arrive.

DAY OF THE MOVE

- Empty freezer/refrigerator.
- Remove all your blankets, linens, and pillows.
- Be sure to have all your stuff packed or in bags prior to movers showing up.
- Make a double sweep through your home making sure you have everything ready to go.

- o Have enough cash for the road and to pay your movers.

MOVING WITH KIDS!

OUR ADVICE WILL HELP DIAL DOWN THE DRAMA!

- Tell your kids as soon as possible. Chances are they already know something is going on. This way you can help them prepare for the big day and allow them to feel included.
- Depending on your children's age they may need more details. Fill them in on where you will be going, how far the new house is, if they will be sharing a bedroom. It's best they know ahead of time as they may find several reasons not to be happy. They will need your help in feeling excited about the move.
- Answer all questions your children may have. Allow them to express how they feel and help them understand their feelings.
- Make time for your kids to say goodbye to their family, friends and classmates. Host a small going away party. Make sure everyone important has your contact information. Let your children know they can stay in touch with their friends even after you've relocated.

TIPS FOR MOVING WITH YOUR KIDS

1. Begin packing non-essential items. When your child sees that you are packing they will begin to understand that the big move day is approaching.
2. Pack when your younger children are asleep. Especially their toys. Otherwise you will have a toddler having a fun time un-packing before you've even moved.
3. Ask for help with your younger ones. If you have family or friends close by that can help take the kids off your hands for a few hours allows you more time to focus on packing.
4. Use colour-coded duct tape. For example, pink for your daughter's things, blue for your son, green for living room, red for kitchen, and so on. Allow for your older children to help label boxes. Use cool colored markers to add colour and fun.
5. Make moving fun by adding up-beat music that your children will enjoy. What better way than to dance your way through your packing.
6. Be sure to ask your older children to pack a bag with essential items such as, change of clothes, travel toothbrush and paste, iPod or iPad to keep them entertained for the drive and snacks for the road. With younger children pack extra change of clothes, snacks and drinks they will like. Don't forget their favourite stuffed animal.

